

WEEK 1 MENU

w/c- 30/10, 20/11, 11/12, 01/01,
22/01, 12/02, 04/03, 25/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Moroccan Chicken Bake	Chicken Noodles	Roast of the Day Chicken gravy	Margherita Pizza	Oven Baked Breaded Fish Fingers or Tuna Fishcake, Corn Salsa
MAIN 2	Veggie Nuggets	Cheese & Tomato Quesadilla	Roasted Quorn Fillet	Teriyaki Noodles with Edamame Beans	Shepherdess pie
Carbohydrates	Roast Potato	Braised Rice	Roasted Potatoes	Roast Potatoes	Oven Baked Chips
Vegetables	sweetcorn	Mixed vegetable	Garden Peas	Sweetcorn	Garden Peas Baked Beans
Desserts	Selection of Yoghurts Fruit,	Flapjack Fruit,	Selection of Yoghurts, Fruit,	Jelly Pot Selection of Yoghurts, Fruit,	Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist

WEEK 2 MENU

w/c - 06/11, 27/11, 18/12, 08/01, 29/01, 11/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken Sausage	Quorn Hotdog	Roast of the Day chicken Gravy 	Mild Chicken Curry	Oven Baked Breaded Fish Finger
Main 2	Vegan Sausage & Gravy	Chickpea and Coconut Curry with Rice	Roasted Quorn Fillet	Mac & Cheese	Vegan Katsu with Chips
Carbohydrates	Mashed Potato	Garlic and Parsley Bread	Roasted Potatoes	Braised Rice	Oven Baked Chips
Vegetables	Garden Peas	Stir Fry Vegetables	Garden Peas	Roasted Sweetcorn	Garden Peas Baked Beans
Desserts	Selection of Yoghurts, Fruit,	Apple Shortbread Selection of Yoghurts, Fruit,	Selection of Yoghurts, Fruit,	Chocolate and Beetroot Cake Fruit,	Selection of Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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WEEK 3 MENU

w/c – 13/11, 04/12, 15/01, 05/02,
26/02, 18/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Wholemeal Pizza	Quron Burger	Roast of the Day Chicken 	Tomatoes Pasta 	Oven Baked Breaded Fish fingers PLANT 
Main 2	Sweet Potato and White Bean Calzone Pizza  PLANT 	Barley and Vegetable Risotto PLANT  	Quron Fillet 	Vegetarian Sausage and Bean Hot Pot 	Cheese & Tomato Pinwheel 
Carbohydrates	Baked Potato Wedges 	Roast Potatoes 	Roast Potatoes 	Garlic Bread 	Oven Baked Chips 
Vegetables	Roasted Sweetcorn 	mixed veg 	Roasted Carrots and Steamed Greens 	Braised Peas 	Garden Peas Baked Beans 
Desserts	Selection of  Yoghurts, Fruit,	Selection of  Yoghurts, Fruit,	Selection of  Yoghurts, Fruit,	Sticky Orange Cake Selection of  Yoghurts, Fruit,	Selection of  Yoghurts, Fruit,

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

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