

**Happy new year 2023!**

**Y6 enjoyed their visit to Crucial Crew where they learned how to keep themselves safe and healthy and took part in activities to support their understanding of citizenship.**

**It was great to see the lovely art work the children completed for the Chinese New Year art competition organised by Miss Guo. We are looking forward to our special assembly about internet safety which will be on Friday 10th February. Look out for more information on this.**

**Mrs Round, Principal**



## TERM DATES



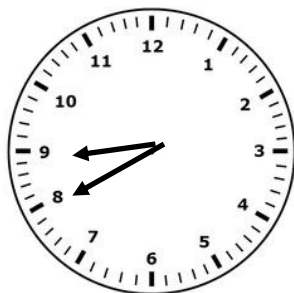
**February Half Term — 13/02/23—17/02/23**

**Easter Holidays — 3/04/23—14/04/23**

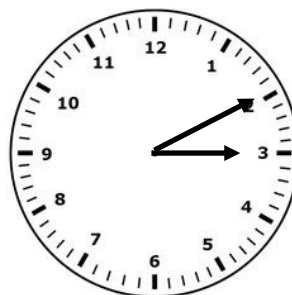
**May Bank Holidays— 1/05/23 and 8/05/23**

## Be On Time!!

**School gates open  
8:40am every  
morning.**



**Home time is  
3:10pm.**



Oasis Academies teach 9 special habits to help us all live better

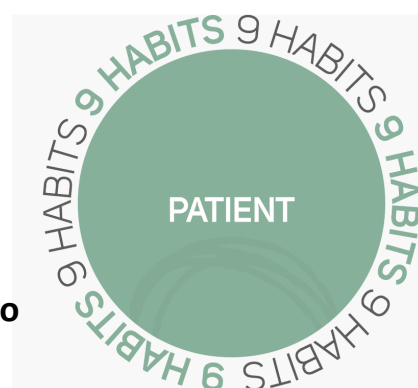
**This Month's Habit is being Patient**

**"Patience is a key element of success."**

**Bill Gates**

**How can you practice being patient?**

**Can you think of a time where you had to  
slow down and be mindful?**



## Join us in our after school Boxing club...



## Y6 Crucial Crew class trip

Crucial Crew provides experiences for our year 6's on how to stay safe in the community and when moving onto secondary school.

It focuses on peer pressure, drugs and gang related issues.

They get to experience a court scenario and see the inside of a prison cell. Our children learned a lot from the experience and Mr Hassan who led on the trip commented that in Crucial Crew is a valuable life long message that will ensure our children stay safe.





Don't forget to hand in your entries to Mr Rashad.

University of Sheffield

## CHINESE NEW YEAR SCHOOL ARTS COMPETITION

DEADLINE: 16 JANUARY 2023

WIN GIFT VOUCHER PRIZES!

THEME: RABBIT

CATEGORIES

- KS1
- Lower KS2
- Upper KS2
- KS3
- KS4
- KS5

PRIZES (AMAZON VOUCHERS)

- £10 winner
- £5 runner-ups.


Find out more: 

FOR ALL INQUIRIES: [confucius@sheffield.ac.uk](mailto:confucius@sheffield.ac.uk)

[www.sheffield.ac.uk/confucius/events/arts-competition](http://www.sheffield.ac.uk/confucius/events/arts-competition)

SHOW RACISM THE RED CARD

## SCHOOL COMPETITION 2023



Register at [info@theredcard.org](mailto:info@theredcard.org)

## Grab the jab

Healthy Sheff

**Covid-19 vaccination walk-in clinic**

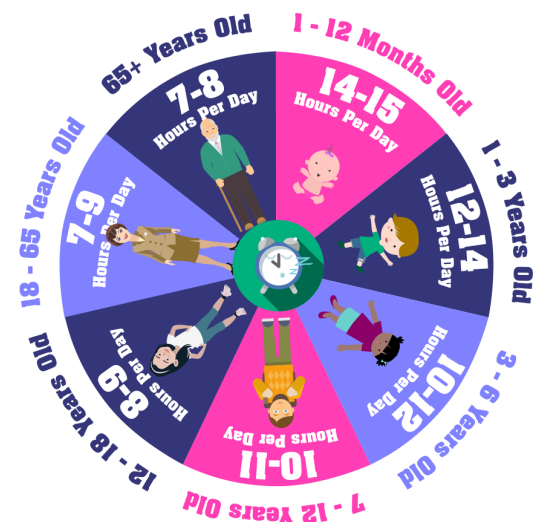
Stall 65-71, Moor Markets  
The Moor, City Centre

Tues, Wed & Sat  
16+

10am-3pm

Sheffield Teaching Hospitals NHS Foundation Trust

Sheffield City Council



## Getting Your Child to School Really Matters

### Did You Know... ?

In a School Year, If Your Child is Late Every Day By...

In a School Year, If Your Child is Late Every Day By...	Your Child Would Have Lost Approximately...	or They Would Have Missed Approximately...
5 Minutes	3.5 Days from School	20 Lessons
10 Minutes	7 Days from School	41 Lessons
15 Minutes	10 Days from School	55 Lessons
20 Minutes	14.5 Days from School	82 Lessons
30 Minutes	22 Days from School	123 Lessons

**Please Encourage Punctuality to Maintain Attendance**

# Online Safety Day, 7th February 2023

## Parental Controls and how to set them up.

<https://pegi.info/index.php/parental-controls>

## PEGI Ratings for Online Games

<https://www.cybersafescotland.org/post/pegi-ratings-what-do-the-labels-mean>

<https://parentzone.org.uk/article/age-ratings>

## Age ratings for Films and DVDs

<https://www.bbfc.co.uk/about-classification>

## Websites with online safety information for parents

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-games/>

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-gaming/>

Make sure to join us for the Online Safety assembly on Friday 10th February. Speak to your child's class teacher or the office for more information.

### INTERNET SAFETY

The Internet is a huge source of information and means of communication. However, not all of the information or people online are trustworthy.

#### Safe

**S** Ensure personal information and passwords are kept private.

Do not put any of your contact details online and always check your privacy settings on social networking websites.

Never use your real name for your username, and ensure passwords are difficult to guess.

#### Meet

**M** Never meet with an online friend in person, even if you think you know that person well.

Meeting someone from a chat room or social networking website could be dangerous. Online friends are still strangers and may not be who they say they are.

#### Accept

**A** Do not accept emails, instant messages and friend requests from people you do not know.

Messages may contain viruses or unpleasant information and images. Also, remember that 'friends' on social and gaming networks can see and share what you post. Do you want strangers to see everything that you post?

#### Reliable

**R** Not all of the information or people online are reliable. There is a lot of false information.

Always check that the information is correct and use reputable sources. Also, some people post false information or use false identities online to cause harm and trick people.

Try to limit your friends to 'real' friends.

#### Tell

**T** Tell a trusted adult if anything online makes you feel uncomfortable.

Many chat rooms and social networking websites have support email addresses or alert buttons that enable users to report inappropriate behaviour, including bullying.

You can log off if you are uncomfortable or suspicious of anything.

**Be careful what you share online!**

Anything you post online or send in an email, such as a photo or message, can be copied or shared by anyone who can see it.

### ONLINE CONTENT

#### 10 tips to keep your children safe online

The internet has transformed the ability to access content. Many apps that children use are dependent on user-generated content which can encourage freedom of expression, imagination and creativity. However, due to the sheer volume uploaded every day, it can be difficult for platforms to regulate and moderate everything, which means that disturbing or distressing images, videos or audio clips can slip through the net. That's why we've created this guide to provide parents and carers with some useful tips on keeping children safe online.

**1 MONITOR VIEWING HABITS**

Whilst most apps have moderation tools, inappropriate content can still slip through the net.

**2 CHECK ONLINE CONTENT**

Understand what's being shared or what seems to be 'trending' at the moment.

**3 CHECK AGE-RATINGS**

Make sure they are old enough to use the app and meet the recommended age-limit.

**4 CHANGE PRIVACY SETTINGS**

Make accounts private and set content filters and parental controls where possible.

**5 SPEND TIME ON THE APP**

Get used to how apps work, what content is available and what your child likes to watch.

**6 LET CHILDREN KNOW YOU'RE THERE**

Ensure they know that there is support and advice available to them if they need it.

**7 ENCOURAGE CRITICAL THINKING**

Talk about what people might post online and why some posts could cause distress.

**8 LEARN HOW TO REPORT & BLOCK**

Always make sure that children know how to use the reporting tools on social media apps.

**9 KEEP AN OPEN DIALOGUE**

If a child sees distressing material online, listen to their concerns, empathise and offer reassurance.

**10 SEEK FURTHER SUPPORT**

If a child has been affected by something they've seen online, seek support from your school's safeguarding lead.

**NOS National Online Safety**  
#WakeUpWednesday

[www.nationalonlinesafety.com](https://www.nationalonlinesafety.com) Twitter: @natonlinesafety Facebook: /NationalOnlineSafety Instagram: @NationalOnlineSafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 16.06.2020



# Knowing me, Knowing you



**Name:** Mrs K Hussain

**Role:** Assistant Principal

**What are your hobbies?** Trying new cuisines, listening to music and calligraphy.

**What would be your super power?** To freeze time  
**Favourite colour?** Anything glittery

You will find me on the gate and part of the EYFS team so come and say hello when you see me.



**Name:** Mrs S Patel

**Role:** Kitchen Manager and Cook

**What are your hobbies?**

Cooking, sewing and knitting

**What would be your super power?** To be a Superwoman

**Favourite colour?**

Blue



We are always asking for feedback so if there is something you want on the menu, come and speak to me.



# CHILDREN'S VACCINATIONS

Safe, Tested, Approved



## WHY HAVE SO EARLY?

The younger the child, the more protection for the baby/child. It doesn't hurt.

## WHAT ARE THE SIDE EFFECTS?

Depends on the vaccine but sore at the site of injection, temperature, and a bit of crying.



## DOES BABY/CHILD REALLY NEED?

Yes, teaches your body how to protect itself and make baby/child stronger for future.

## WHAT DOES IT PROTECT?

Vaccines protect against a lot of very serious diseases and illnesses.



## SAME VACCINE AS HOME COUNTRY?

Yes! Show proof to your GP. If you don't have records of vaccine, you can repeat and it won't harm baby/child.

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>



# O OČKOVANIE PREKALO ČHAVE

Hin oda Bezpečno Testimen Schvalimen



## SOSKE AVKA SIKH?

Čim cikneder o čhavoro, tim bareder ochrana les kolestar ela. O očkovanie nadhukal.

## SAVE HIN O VEDLAJŠO UČINKY?

Oda sa džal pale vakcina ale le čhaven šaj dhukala ode kaj lenge demade e injekcija, šaj len ela e horučka the šaj čeporo rovna.



## ČAČESTE ODA LE ČHAVENGE KAMPEL?

He, kempel. E vakcina sikavel le čhavoreskero telos sar pes te chraninel a sar leste del e zor andre buducnost' akor sar ela baro

## SAR AMEN CHRANINEL?

O vakciny amen chraninen kaj te nachudas but nalače the igen bare nasvalibena.



## HIN ODA AJSI ISTO VAKCINA SAR ANDRO TUMARO ŠTATOS?

He! Te sas tumare čhavores ajsi isto očkovanie andro tumaro štat, sikaven le doktoriske o potvrdenie. Te tumen nane nisavo potvrdenie palo očkovanie, šaj den tumare čhavores mek jekhvar te očkinel. Nič pes leske kolestar na ačela.

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>



### Babies under 1-year-old

Age	Vaccines
8 weeks	6-in-1 vaccine, Rotavirus, MenB
12 weeks	6-in-1 vaccine (2nd dose) Pneumococcal (PCV) vaccine Rotavirus vaccine (2nd dose)
16 weeks	6-in-1 vaccine (3rd dose), MenB (2nd dose)

#### Don't

- do not cause autism – studies have found no evidence of a link between the MMR vaccine and autism
- do not overload or weaken the immune system – it's safe to give children several vaccines at a time and this reduces the amount of injections they need
- do not cause allergies or any other conditions – all the current evidence tells us that vaccinating is safer than not vaccinating
- do not contain mercury (thiomersal)
- do not contain any ingredients that cause harm in such small amounts – but speak to your doctor if you have any known allergies such as eggs or gelatine

### Children aged 1 to 15

Age	Vaccines
1 year	Hib/MenC (1st dose) MMR (1st dose) Pneumococcal (PCV) (2nd dose) MenB (3rd dose)
3 yrs & 4 mth	MMR (2nd dose) 4-in-1 pre-school booster
12 to 13 years	HPV vaccine
14 years	3-in-1 teenage booster MenACWY

#### Do

- protect you and your child from many serious and potentially deadly diseases
- protect other people in your community – by helping to stop diseases spreading to people who cannot have vaccines
- undergo rigorous safety testing before being introduced – they're also constantly monitored for side effects after being introduced
- sometimes cause mild side effects that will not last long – some children may feel a bit unwell and have a sore arm for 2 or 3 days
- reduce or even get rid of some diseases – if enough people are vaccinated



VACCINES PROTECT BABY/CHILD! THEY CAN SAVE THEIR LIFE AND ALSO PROTECT OTHERS IN YOUR HOME AND COMMUNITY.

IF NERVOUS OR AFRAID TALK TO ANOTHER FAMILY THAT HAS BEEN VACCINATED, YOUR GP OR YOUR HEALTH VISITOR.



### O cikne čhavore so mek lenge nane 1 berš

O očkovanie	pes del paloda keci kurke abo keci čon lenge hin
8 kurke	6 andre-1 vakcina Rotavirus MenB
12 kurke	6 andre-1 vakcina (2. davka) Pneumokokova (PCV) vakcina Rotavirus vakcina (2. davka)
6 kurke	6 andre-1 vakcina (3. davka) MenB (2. davka)

### O čhave so hin lenge 1 dži 15 berš

O očkovanie	pes del paloda keci berš lenge hin
1 berš	Hib/MenC (1. davka) MMR (1. davka) O pneumokokovo očkovanie (PCV) (2. davka) MenB (3. davka)
3 berš the 4 čon	MMR (2. davka) 4-andro-1 e booster davka prekalo čhavore so maj džana andre škola
12 dži 13 berš	e HPV vakcina
14 berš	3 andre 1 e booster davka prekalo bareder čhave MenACWY



### O Vakciny:

- ✓ chraninen tumen the tumare čhavores kaj te nachuden bare nasvalibena a tiš kajse nasvalibena so olestar šaj meren
- ✓ chraninen aver manušen andre tumari komunita – avkes haj pomožina koleha kaj te na chuden o nasvalibena kajse manuša so pes našt den te očkinel
- ✓ až akor pes šaj den le manušenje sar predžana baro testovanie kaj pes testinel lengeri bezpečnost' – tiš len furt kontrolinkeren či len nane o vedlajšo účinky paloda sar len den le manušenje
- ✓ varekana tumare čhavores šaj ena o cikne vedlajšo účinky, oda natrvila but – varesave čhave pes šaj citinena čeporo na mištes šaj len dhukala o vast 2-3 džives
- ✓ pomožinen le manušenje kaj te na chuden varesave nasvalibena, o vakciny pes varekana až zbavinen varesave nasvalibendar – oda až akor sar hine buter manuša očkinen.
- Nie:**
  - ✗ o autizmus pes le vakcinendar nakerel – o študija na pre sikhade hoj e MMR vakcina šaj kerel o autizmus
  - ✗ nakeren o tlakos pre imunita u ani palende na ela le manušen slabo imunita – hin oda bezpečno te del le čhavoreske buter vakciny jekhvara avkes namušinena lenge te demel andre but injekcije
  - ✗ le vakcinendar pes nakeren o alergije abo aver nasvalibena – savore dokazy so amen akana hin pre sikhaven hoj hin oda bezpečno pes te del te očkinel sar pes te na del te očkinel
  - ✗ nane andre e ortu' (thiomersal)
  - ✗ ani nane andre nič aver so šaj tumenge ubližind'ahas andre kajsi cikno kvantita – vakren tumare doktorija the hin tumen varesavi znamo alergija sar hin e alergija pro jandre abo e alergija pre želatina

O VAKCINY CHRANINEN LE ČHAVOREN! ŠAJ LENGE ZACHRANINEN O DŽIVIPEN. O VAKCINY ŠAJ CHRANINEN SAVORE MANUŠEN SO TUMENKA BEŠEN ANDRO KHER A THE LE MANUŠEN ANDRE TUMARI KOMUNITA.

TE NA SAN SPOKOJNO ABO TE DARAN, VAKREN AVRA FAMELIJAH SO LEN SAS O OČKOVANIE ABO TUMARE DOKTORIJA ABO LA ZDRAVOTNA SEŠTRICKAHA / LE OŠETROVATELIJA.







## Oasis Community Space Fir Vale

Our community building is now open! Please come in and see us. The building is there to host community activities and to support you so please talk to Jade, our community hub leader, to tell us what you would like to see happening in the building. You can also post suggestions in our post box outside the fence for the building if you have ideas and we are not open.

We have a weekly activity plan. We will keep adding more activities to the list and plan to host fun family events every school holidays.

Hi, I'm Jade and I am the Community Hub Leader for Oasis Community Space. Welcome to the first pages of the Oasis Community Space newsletter. We will feature in the Oasis Fir Vale newsletter every month so keep reading to see what events we have coming up. Come along to our free events mentioned in the next couple of pages or just pop in and say hi! If you would like to get involved in community work with us, drop me an email on [jade.wilkes@oasisuk.org](mailto:jade.wilkes@oasisuk.org) or feel free to come in for a cuppa and a biscuit. I am very excited about working with our families and community here.



### **Peer Support Service**

Available to all parents and carers of children and young people (0-25 years) with additional needs in Sheffield. A formal diagnosis is not required.

- ✓ Information, advice, and signposting to relevant services
- ✓ Confidential one-to-one support via telephone, video call or face-to-face meetings in a community space (flexible appointment times)
- ✓ Information sessions about common issues
- ✓ Peer Support Groups where parents and carers can meet others who face similar challenges



Wednesday 9am-10:30am

Oasis Community Space  
Next to Oasis Academy Fir Vale, S4 8GA  
Phone: 0300 321 4721  
E-mail: [peersupportservice@sheffieldparentcarerforum.org.uk](mailto:peersupportservice@sheffieldparentcarerforum.org.uk)

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## Wednesday

9:00-10:30am

### Peer Support Group for parents/carers of children with SEND

Information and advice for anyone who cares for children and young people up to 25 years with SEND (diagnosed or undiagnosed). Ran by parents and carers of children with SEND by the Sheffield Parent Carer Forum.

## Thursday

### 13:00-15:00 Health Café and Toddler Group

Informal drop-in session to meet the health visitor team, bring your little ones, play, and ask any questions about your young children's health. Other professionals also drop into this group to offer additional support for families.



## **Health Café and Toddler Group**

Every **Thursday 1:00pm -3:00pm**

at the Oasis Community Space,

**Oasis Academy, Fir Vale**

Owler Lane, Sheffield, S4 8GA

**Health and Information drop in  
for parents and carers**

Come along with your baby / child



**An interpreter  
will be available**



**RUBIC<sup>2</sup>**  
Project

**Thursday Pop up, Pop-in's**  
Every Thursday Starting (12/01/23)  
3.30pm - 5.00pm

Come down on the to  
Oasis Fir Vale Community Space,  
Owler lane, S4 8GA.  
Have a hot drink and a chat!  
Find out about support & services in S4 and S5  
Meet new people  
Have your voice heard about local issues  
In a safe and relaxed space.  
Open to all.








## Thursday

### 15:30-17:00 Chilypep's Pop up, Pop in's

Meet new people, try new things, have a drink and a chat. Open to all ages. This is an established group who used to run out of the community house on Robey Street. They are very welcoming of anyone new who wants to join the fun!



## Friday

### 9:00-10:30 Coffee Morning

Weekly informal coffee morning usually with a light breakfast. Come and have your voice heard and let us know how we can support your community. There are rotating weekly activities as well as a chance to meet people and chat.

## Friday

### 13:00-15:00 Community Guardians Conflict Resolution and Connections Course

Free 15-week course which provides a series of workshops on Conflict Resolution, Community Development and Community Connections Building. Course starts on the 3rd February.  
Contact [courtenay.crichton-turley@chilypep.org.uk](mailto:courtenay.crichton-turley@chilypep.org.uk) or WhatsApp or Call 07970 994 600 for more information.



## Friday Coffee Mornings

Join us at Oasis Community Space for tea, coffee or hot chocolate and a light breakfast.

9am-10:30am every FRIDAY next to Oasis Academy, Fir Vale



Meet new people and tell us how you would like us to support you. We will do fun activities and invite different guests.

Welcome adults of all ages!



### **Kaviareň Zdravia a Skupina Batoliat**

Kaviareň zdravia môže poradiť Vám a Vašej rodine, ako sa udržať v dobrom zdravotnom stave.

Taktiež Vám vieme poskytnúť poradenstvo týkajúce sa zdravotných tém.

Kaviareň zdravia a skupina batoliat bude otvorená každý štvrtok počas školského roku od 13:00 do 15:00 hod v komunitnom priestore Oasis, Fir Vale Owler Lane, S4 8GA



Zdravie a informácie pre rodičov a opatrovateľov  
Navštívte nás s Vaším bábätkom/ dieťaťom  
Interpret bude k dispozícii.

